

## **FOOD ADDITIVE**

### Field of the Invention

The invention relates to a food additive for human feeding and animal feeding  
5 as well. Specifically, the invention is directed to an appropriate form of  
administration for lecithin having its admittedly advantageous therapeutic  
effect to human and animal organisms.

### Background of the Invention

10 Thus far, lecithin is usually manufactured and distributed in a liquid, highly  
viscous form as a granule or in capsules in which the lecithin is included in a  
dissolving protective covering.

Lecithin salvaged from plant or animal primary products has a fatty and sticky  
15 consistency, as a rule, such that it is typically administered either in a liquid  
form or a capsule form as already mentioned. In contrast, there is considerable  
manufacturing cost for the lecithin granule since liquid components have to be  
largely removed by means of intensive drying.

20 In addition, the granules thus fabricated are not particularly suited for the oral  
ingestion of food since deficits are to be noted as regards the taste as well as  
the instinct with chewing the granules. In particular, with chewing, the  
desired crunchy effect is generally missing.

### Summary of the Invention

25 Thus, it is an object of the invention to provide a food additive including  
lecithin for both human and veterinary application which can be favorably  
manufactured and which possesses advantageous properties with regard to oral

ingestion.

#### Detailed Description

According to an embodiment of the food additive of the invention, which is  
5 fabricated and allowed to be administered in a granulate form, a coating  
comprising lecithin is formed on a plant natural product having a spherical  
surface. However, according to another embodiment of the food additive of the  
invention, the coating can also include a lecithin derivative alone, or in  
addition to the lecithin. For example, a suitable lecithin derivative is  
10 phosphatidyl serine.

Preferably, the lecithin is present in the coating in an amount greater than  
about 50 percent by weight, and more preferably, at least about 70 percent by  
weight.

15 A lecithin derivative is also allowed to be included in the coating at lower  
amounts than lecithin in order to be able to take advantage of the  
physiologically advantageous effects thereof. Thus, in an embodiment of the  
coating, just a few milligrams (mg) of lecithin may be sufficient.

20 Particularly appropriate plant products which have a suitable spherical surface  
include various seeds which can be used without any chemical and/or thermal  
pretreatment, and which can be provided with a coating including the lecithin.

25 With some of such plant seeds, such as poppy seed for example, any  
mechanical pretreatment can be abandoned, and accordingly the coating  
including the lecithin can be deposited immediately on the merely cleaned  
surface of the poppy seeds.

30 However, other types of seeds, such as for example, mustard, rape or flax

seeds, are also suitable for use in the present invention.

If millet seeds are used as a plant natural product in accordance with the present invention, the millet seeds should be relieved from its shells.

5 However, the seeds should generally remain in their natural state.

As a result of the inherent available properties of the lecithin, it is not required to use additional bindings for the formation of the coating.

10 However, for the formation of the coating the emulsifying properties of lecithin can be advantageously used since with the fabrication of the coatings on the spherically curved surfaces of the plant natural products the viscosity can not only be reduced exclusively by means of organic solvents, but also with the  
15 respective addition of water, and accordingly the manufacturing costs and the safety effort required during the production are allowed to be correspondingly reduced.

However, further favorable additives which are appropriate for metabolism and therapeutic effects, respectively, can be included within the coating largely  
20 formed from lecithin.

Thus, vitamins, flavoring agents (such as, e.g., tea, green tea, vanilla), trace elements (such as, e.g., Fe or Ca), pharmacologically and/or therapeutically effective matters or such components of matter can also be included within the  
25 coating.

Of course, dyes can also be used.

However, the additional matters or components of matter are allowed to be  
30 used in natural as well as synthetic forms.

According to another embodiment of the invention, the coating is also allowed to have been formed from a plurality of layers similar to the skins of an onion. The layers are allowed each to be formed from different components such as those which have been mentioned further above. However, individual layers or the entire coating are also allowed to have been formed from mixtures of components.

According to another embodiment of the invention, for the consumption, storage and during transportation as well it is advantageous to form a protective layer on the coating. Such protective layers can be formed film-like, preferably as a physiologically and toxicologically harmless wax. Thus, a protective layer can be formed from carnauba wax, for example. However, the protective layers can also be formed from cellulose methyl ether or a sugar or sugar-like matter (e.g., polysaccharides or oligosaccharides). A film layer can be formed by spraying, for example. Preferably, with the coating methods and devices which are known in the art, the coatings of the present invention (preferably, largely formed from lecithin, and in which additional matters and components can also be included) are allowed to be formed with a uniform and constant layer thickness onto the spherically curved surfaces of the plant natural products employed.

The food additive according to the invention in the granulate form can be readily eaten orally.

However, it is also possible for the food additive according to the invention to be added to a yogurt or another milk product immediately before the consumption of such other food or to be used as a component of a muesli mixture.

During the consumption thereof, the crunchy consistency of the plant natural products carrying the coatings has an agreeable effect on the feeling of the

consumer.

In particular, the plant natural products in the form of seeds used for the food additive according to the invention reduce the manufacturing cost, contribute to the digestion as roughage due to its high proportion of fibers, and enable a defined formation of a coating since diffusing and infiltrating of matters forming the coating cannot occur. In that regard, the mass of the coating and accordingly the mass of lecithin as well, is generally greater than the mass of the plant natural product.

Thus, it is also possible for the food additive according to the invention to include a mixture of coatings having the same or different consistency and/or a mixture of different plant natural products provided in coatings which are then allowed to have different outer diameters correspondingly.

However, in another embodiment of the invention, it is also possible to provide the food additive in a granulate form of almost equal sizes (i.e., a very narrow uniform range of seed sizes has been kept).